

Seasonal Menu

Lunch and Dinner Menu

Spring / Summer
2019 – 2020

South Australia



EPICURE

MEMORABLE CULINARY EXPERIENCES

At EPICURE, we are passionate about creating culinary memories to last a lifetime. Our fresh menus are created to leave lasting impressions.

Why Epicure?



Over 28 years

We've been creating experiences with loyal customers for over 28 years.



Amazing food and award winning team

With our award winning team we create amazing food that guests will rave about.



Iconic venues

Our iconic venues create the perfect atmosphere to make lasting memories for any of your guests passing through their doors.



Bespoke event

We work side-by-side with you to develop a customised menu and memorable event experience that runs effortlessly down to the last detail.



Small to large

Our unique venues cater for workshops and dining events big and small for up to 1990 guests.



MEMORABLE CULINARY EXPERIENCES

SEASONAL LUNCH AND DINNER MENU

DESCRIPTION

Three course set menu

Alternate service menu – priced per person per course

Chef's selection of canapes served with pre-dinner drinks

PRICE PER PERSON

ENTREE

FROM THE SEA

Australian blue swimmer crab

Brioche finger, basil, pickled red onion

Cured locally caught kingfish (gfp)

Black garlic, crème fraiche, micro herbs, sesame

Hot smoked salmon (gfp)

Russian potato salad, chives, smoked roe

FROM THE FARM

Rare roasted duck breast (gfp)

Blue cheese mousse, mache, hazelnuts, truffle oil

Twice cooked master-stock pork belly (gfp) (dgp)

Daikon salad, chilli caramel

Smoked chicken breast

Avocado, witlof, parmesan & anchovy dressing

FROM THE FIELD

Baked Japanese eggplant (ve) (gfp)

XO shiitake, smoked eggplant puree, herb salad

Vanilla burrata (v)

Crostini, pickled green chilli, tomato jam

Cauliflower tartare (ve)

Pickled quinoa, sesame crisp, roasted almonds, miso cream

MAIN COURSES

FROM THE SEA

Australian barramundi fillet

Boston Bay mussel, saffron & tomato broth, fregola

Atlantic salmon fillet (gfp)

Roasted mushroom, Asian greens, soy butter, furikake

FROM THE FARM

Free range chicken breast (gfp)

Sweetcorn puree, fresh herbs, ginger & shallot oil

Roasted chicken maryland

Fennel puree, pickled currants, grains, witlof, parsley

Rolled & roasted pork belly (gfp)

Heirloom carrots, potato puree, salsa verde, jus

Szechuan spiced pressed lamb (gfp)

Kimchi, sticky rice cake, sprouts

Grilled South Australian lamb rump (dfp)

Muhammara, charred cauliflower, almond & mint salad

Limestone Coast beef fillet (gfp)

Potato gratin, smoked onion butter, broccolini, jus

Limestone Coast sirloin steak (gfp)

Nduja roasted potatoes, green beans, chimmi churri

FROM THE FIELD

New season vegetable pithivier (v)

Fennel & tomato jam, watercress

Caramelised pumpkin (ve) (gfp)

Chilli sambal, coconut yoghurt, herbs, sprouts, peanuts

BREAD & SALAD

shared at the table

Assorted freshly baked rolls

Unsalted Australian butter

House mix of seasonal leaves

Baby cos leaf, rocket, fennel salad

DESSERT

70% dark chocolate tart

Salted caramel, raspberry gel, crispy pearls

White peach pannacotta (gfp)

Sparkling wine gel, white chocolate curl

Cookies & cream bavaois (ve)

Coconut, Oreo crumb

Lemon meringue

Lemon curd, strawberry gel, shortbread, fresh strawberry, crispy meringue

Caramelised pineapple (gfp)

Coconut, macadamia brittle

Watermelon & lychee

Rosewater gel, vanilla sponge, pistachio

Australian cheese plate

Please select one of the following, served with muscatels, crackers, lavosh

Brie, macerated figs

Cheddar, truffled honey

Blue, quince paste

TO FINISH

Coffee & tea

Fair trade plunger coffee & Madame Flavour tea selection

ADDITIONAL SIDES

Panzanella salad, tomato, olives, capers, herbs, toasted bread, Chardonnay vinegar dressing (ve)

Roasted new season potatoes, herb salt, EVOO (gfp) (ve)

PRODUCE NOTES

MEAT & POULTRY

We use **LIMESTONE COAST** premium beef and **FLEURIEU** lamb, proudly South Australian quality products derived from pasture fed, free range animals.

Free range chicken is our preference at EPICURE. We source the best free range chicken which both supports local producers and means the chickens are reared in the most humane way possible, living as nature intended.

FISH & SEAFOOD

We use only **AUSTRALIAN SEAFOOD** on our menus, ordered in fresh daily from the Angelakis Brothers Seafood Merchants. Australian fisheries are administered according to the principles of **ecologically sustainable development** (esd) and Australia is a world leader in sustainable fisheries management both wild caught and aquaculture systems.

AQUACULTURE refers to raising fish, prawns, oysters, and other marine or freshwater foods under controlled conditions in water, either in ponds on shore or contained in net cages located in bays or in the open ocean.

EGGS

At EPICURE we only use cage-free eggs with our preference being free-range. Battery hens suffer intensely and continuously throughout their lives. Cage-free hens are able to walk, spread their wings and lay their eggs in nests, vital natural behaviours denied to hens confined in cages. We only use free-range eggs on our breakfast menus.

DAIRY

ARTISAN LOBETHAL CHEESE began as a way to generate income from a small herd of goats purchased to complete the hobby farm picture. In 1999, the idea was conceived to market the product to a

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wider audience. With a strong belief in local produce, this cheese maker only uses locally sourced cows and goats milk. With a range that includes brie, blue, camembert and variations of (double and triple cream, cow & goat and marinated products) this producer is able to produce high quality artisan cheese in large volumes without compromising on quality.

HINDMARSH VALLEY DAIRY is a small farmhouse dairy situated on the Fleurieu peninsula in South Australia, specialising in the production of a range of goat milk cheeses and dairy products based on traditional French, Italian and Swiss recipes. Production is based on artisanal principles where the cheeses and dairy products are made on farm from the milk received from a co-located dairy and the milk of their own animals. We use Hindmarsh Valley Dairy butter for its unique flavour, texture and uncompromised quality.

OLIVES

EPICURE loves using **PENDLETON ESTATE** extra virgin olive oil. Building on the 130 year tradition of growing olives in the Australian limestone coast region, the grandson of the founder, Grant W Wylie, established Pendleton Estate olive groves in the early 1990s. To ensure optimum quality and taste, Grant together with other local growers helped establish a state of the art olive mill, now one of the largest in Australia.

PENFIELD OLIVES is family-owned and family-operated, growing, curing and producing a range of traditional varieties of table olives, including kalamata olives, green jumbo (blonde) and wild olives. From some of the best picked varieties in our olive grove at Penfield Gardens, South Australia, we also produce a delightfully fresh and fruity first-pressed extra virgin olive oil.

MENU KEY

(gfp) gluten friendly product*
(nfp) nil-nut friendly product*
(dfp) nil-dairy friendly product*
(efp) nil-egg-friendly product*
(fcfp) nil-fish/crustacea friendly product*
(sfp) nil-sesame friendly product*
(soyfp) nil-soy friendly product*

SPECIAL REQUESTS

If any of your guests have particular dietary requirements, please advise us as soon as possible prior to your event.

NOTE

Due to the seasonal nature of this menu, some items may not always be available. While we will endeavour to provide your desired selection, we may need to make substitutions from time to time.